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B Soup Class in their Students Physical Education the Lesson of Formation Methodological Basics

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ABSTRACT

In the article, the organization of elementary physical education classes based on interactive methods of teaching, the effective use of pedagogical technologies in the organization of educational activities organized in them, as well as in the provision of knowledge to elementary school students and their education The process of pedagogical activity aimed at achieving efficiency was considered about the factors.

KEYWORDS: *Formation of ideological stability. physical education, pedagogical activity, interactive methods, knowledge and skills, sports training*

In particular, the state program was developed based on the decree of the President of the Republic of Uzbekistan Sh.M. Mirzi "On the strategy of actions for the further development of the Republic of Uzbekistan for 2017-2021". This program is an important document as a consistent continuation of our activities, in which special attention is paid to all directions of our statehood.

Along with all subjects related to scientific research, there are also certain concepts and expressions in the science of theory and methodology of physical education in elementary grades. Mastering these concepts will help to improve students' literacy and build a problem-solving culture. The concepts used now are known to us from different historical periods of our society. Their content is expanding according to the development of the theory and methodology of physical education, as well as their application in practice. In this section, only the basic concepts are mentioned, because without these concepts it is impossible to master the science of "Theory and Methodology of Physical Education in Primary Classes". In the course of sports training with school-aged children, the following tasks are successfully solved: strengthening health, all-round and stable development of schoolchildren, their achievement of physical perfection, education of physical qualities necessary for work and everyday life at home, formation of movement skills and abilities, formation of ideological strength, education in the spirit of patriotism and nationalism, education to be together with the team, preparation of sports reserves of the country's national teams. The activities of the comprehensive school and various extracurricular sports clubs are aimed at successfully solving these tasks. Scientific research plays an important role in improving the system of sports training for children and teenagers. Many scientific research works have been carried out in scientific research and educational institutes in the field of physical education, Pedagogical institutes and universities, and physical education and sports departments of our country. All this is the theory of children and youth sports and practice is also very valuable.

Organization of elementary physical education classes on the basis of interactive methods of teaching, effective use of pedagogical technologies in the organization of educational activities organized in them, as well as to achieve efficiency in imparting knowledge to primary education students and educating them. is a process of directed pedagogical activity, in which a number of pedagogical tasks must be solved.

They consist of:

- initial class physical education lessons interactive methods based on organize reach about certain conditions create ;
- initial class physical education lessons pedagogue employees in the middle interactive methods essence open to give directed special study seminars organize reach _
- they are by pedagogical technology the basics thorough to be assimilated reach _
- initial class physical education lessons in pedagogues educational activity organize to do relatively creative approach feeling educate ;
- initial class physical education of classes in their teachers technological approach based on organize reach skill and qualifications harvest to do
- initial class physical education lessons teachers by education - educational things interactive methods basically organize to be done reach _
- initial class physical education lessons of teachers technological basically pedagogical activity organize reach regarding skills increase _
- start drinking class physical education of classes efficiency provide _

Get started _ class physical education lessons teachers _ _ between _ _ interactive methods and their essence private theoretical information _ _ promotion ib _ reach success pedagogical the team and individual as well pedagogue in employees them to learn _ relatively need, interest surface to come determines _ Y u zaga came need and interest them satisfy enable giver practical activity organize to do relatively decision finds _ Of the students independent searchability abilities formation and to develop directed training _ _ lesson developments and technological maps based on study _ _ process organize will be done. Training _ basis independent and creative the work assignments perform organize is enough Each _ training study to the goal full reach for addition trainings are also held can _

To the students independent knowing, thinking and creative to search forced is problematic _ vital to the evidence based on situational assignments to give to the goal is appropriate. A student assignments creative thinking and independent

work through perform it is necessary Teachers _ independent and creative the work assignments perform according to of students their aspirations right direct to get it is necessary A student alone in case more efficient does it work; or one how many from a person consists of group with together to work do you like or to him electron from textbooks use Is it more convenient? this teacher good to know need _ A student the assignment himself understanding and him try to do it, the teacher and own _ in turn, the students independent research take to go skills, passed materials more deeper appropriation for addition information looking for to find abilities to develop urges it is necessary Questions or assignments through of students creative thoughts development, unknown or uncertain data essence to understand for independent their research to the body brings _ Take it went pedagogical studies that's it showed that the student creative thinking ability formation and develop, his independent knowledge to get has been interest in raising independent the work positive effect will show it is But from the audience except independent work organize to do somewhat complicated process _ Because this in progress student _ independent way sciences according to given assignments educational and methodological from literature used without perform need _

Students _ by study materials mastered, skill and skills harvest that it was check and evaluation education of the process necessary structural part is considered It's just study _ the results evaluation not but _ teaching process during students knowledge get and independent the work to the activity leadership to do is also Knowledge and skills check and of assessment educational importance from that is that in this study of the material appropriation about student and teacher certain information have will be To the teacher of students which study material good mastered, which the work enough level lack of mastery known will be And this of the student learning activities organize reach and manage for basis being is considered Evaluation through of students study materials knowing, understanding, memory save stay, in practice apply get, analyze to do and self - self-evaluation degrees is determined .

Knowledge, skills _ and qualifications of assessment educational importance is that in this of students to study interest, own achievements or failures relatively relationship is formed, training difficulties overcome passion is born The results evaluation through whole education process checked to be seen need _ With this education in the process pending study _ to the goal being achieved level will be checked. Education to give during of students knowledge, skill and qualifications evaluation of the student identity understanding for one is a possibility.

Above given from thoughts come out, students _ independent and creative work considering their activities take in assessment the following attention get important:

- study goals achievement to determine
- education in the process achievement and shortcomings to determine
- teacher own in the activity shortcomings eliminate reach_
- current and intermediate appropriation level to determine
- evaluation results according to to parents information to give
- initial knowledge and skills education the result assessment ;
- of students interests to determine

Get started _ evaluation education _ _ process At the beginning of of students _ initial knowledge, skill _ _ and qualifications determination for will be held. Such evaluation results through special science study _ _ of the process content, methods and forms choose opportunity is created .

Current (formative) assessment regularly respectively skip _ _ going it is necessary SHE IS education _ _ in the process achievement and shortcomings, results fast identify go, study _ _ process coordination and education _ _ giver and education _ _ receiver o ' between return contact to provide _ enable gives _

Intermediate evaluation special science main departments _ _ or modules according to _ training _ _ o ' tib from division _ after of students _ knowledge and skills _ _ that they have mastered is evaluated. This with o ' of the student section _ _ or model according to _ study _ _ material How level mastery _ _ about information _ _ have is divided. _ Necessary if _ has low mastery students with addition training take will go

After that, little by little, children begin to play a certain type of sport, and after a while, they fall in love with another type of sport, that is, they "search for themselves, "they strive to find themselves", they try to determine their abilities and inclinations based on various errors and mistakes, self-testing. It is interesting that children tend to achieve great achievements quickly in this process. However, they do not yet fully understand that the path to achieving great sports results is very difficult and difficult, and requires a long time.

As a matter of fact, most of the children who participate in one or another sports section cannot clearly tell the reason why they chose this particular sport. But, even worse, these motives are not even known by their sports teachers. In most cases, it is considered that the child's involvement in this or that sport was attracted to it by the sports teacher. But the basic reasons why the child wants to do this particular sport, and why some of them soon leave this sports section, remain unknown to the sports teachers.

Therefore, not only social factors cause the choice of any sport, but there are also internal factors that influence this process. And then one of the n factors is only for the person himself Gina is a natural tendency to perform one or another type of activity in accordance with the topological nervous system and temperament.

The inclination to a particular type of sport is usually invisible in the way a person gets pleasure from this or that type of activity.

Stage of specialization in the chosen sport; at this stage, the motivations for sports activities are as follows.

a. Awakening and development of interest in a specific sport.

b. lack of abilities for this type of sport and the desire to develop them.

c. high emotional feelings due to achievements in sports and the desire to strengthen them.

d. expanding the scope of special knowledge, perfecting sports techniques, achieving a higher level of training. If the activity of elementary school students is constantly

monitored and expressed through scores and the results are widely disclosed, the sportsmen's attitude towards the exercise will change in a positive direction, their motivation for the exercise will increase, and the efficiency of acquiring movement skills will increase. This will definitely pay off in the competition.

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